

HOWAREYOU
Harrow

2023

SPOTLIGHT

01

Introduction

02

Focus on Specific Groups

03

Poverty

04

Safety

05

Emotional Wellbeing



Introduction

The 2023 HAY Harrow Survey ran from November 2022 – March 2023. It was run in 28 schools and colleges in our borough. 6,809 young people aged 9-18 answered the survey.

The borough-wide results have been published in a summary report here: <https://youngharrowfoundation.org/images/organisations/logos/HAY-Harrow-Summary-2023.pdf>

Further data can be found in the **This is Harrow** Report here: <https://youngharrowfoundation.org/thisisharrow>

When we analysed the data, we noticed a pattern that some groups of young people are consistently struggling more than others in some areas. While the numbers of young people answering from these groups is small, it is significant for us to shine a spotlight on the information.



Spotlight on Specific Groups

The specific groups include:



Children and young people with SEND (these are young people who self-identified within the survey as having additional needs.

8.5% (508 young people)



Young people who indicated they have caring responsibilities.

6.4% (247 young people)



The young LGBTQ+ community in Harrow, specifically those that identify as non-binary (**41 people**) and those who listed their sexuality as gay / lesbian (**38 people**).



Russian and Ukrainian speaking communities in Harrow.

(84/64 people respectively)



The Swahili speaking community in Harrow.

(75 young people)

Chapter 1: Poverty

LGBTQ+

- 42% of non-binary young people say they worry their family will run out of food because of lack of money or resources. This is much higher than those that identify as male (15% worry) or female (17% worry).
- 16% of non-binary young people reported that they are living in temporary accommodation.

Young Carers

- 24% of young carers say they worry about their family running out of food compared to 17% of non-carers.
- 7% of young carers reported they do not have a bedroom.

SEND

- 32% of those with SEND worry about their family running out of food - compared to 12% of those with no SEND declared.

Ethnicity

Russian

- 33% of those that speak Russian worry about their family running out of food.
- 17% don't have a bedroom.
- 22% say they live in temporary accommodation.

Ukrainian

- 25% of those that speak Ukrainian worry about their family running out of food.
- 26% say they live in temporary accommodation.
- 23% do not have a bedroom.

Black

- If you're black you're more likely to live in temporary accommodation (11.6%) than your white peers (6.5%).
- 21% of young people who identify as Black African say they live in temporary accommodation.
- 16% who speak Swahili do not have a bedroom.

Chapter 2: Safety

LGBTQ+

Non-binary

- 57% of non-binary young people consider themselves to have been the victim of sexual harassment.
- 32% live with someone who has problems with substance abuse.
- 37.5% agree they have been sent images or messages that have made them uncomfortable or upset.
- 41% say they have been asked to send nude pictures of themselves, or join in with sexual conversations.
- 43% have been in a physical fight recently.
- 25% say they do not feel safe at home.
- 64% say there are areas in Harrow they do not feel safe.

Gay/Lesbian

- 46% (in KS3 and above) who are gay or lesbian say they have been victim of sexual harassment.
- 44% have been asked to send nude pictures of themselves, or join in with sexual conversations.
- 32% have been in a physical fight recently.
- 23% say they do not feel safe at home.
- 69% say there are areas of Harrow where they do not feel safe.

SEND

- 29% of those with SEND, said they consider themselves to be the victim of sexual harassment.
- 14% disagree with the statement "If someone asked me to do something that I didn't want to do, I would say no."

Young Carers

- 19% with caring responsibilities say they consider themselves to have been the victim of sexual harassment.
- 22% say they have been sent images or messages that have made them uncomfortable or upset.
- 46% say there are areas in Harrow they feel unsafe.

Ethnicity

Russian

- 21% who speak Russian say they live with someone who has problems with substance abuse.
- 28% consider themselves to have been the victim of sexual harassment.
- 49% have been in a physical fight recently.
- 12% do not feel safe at home.

Ukrainian

- 25% of young people who answered they survey who speak Ukrainian, say they live with someone who has problems with substance abuse.
- 22% consider themselves to have been the victim of sexual harassment.
- 29% say they have been sent images or messages that have made them uncomfortable or upset.
- 26% say they have been asked to send nude pictures of themselves, or join in with sexual conversations.
- 38% have been in a physical fight.
- 12% do not feel safe at home.

Swahilian

- 22% of young people who speak Swahili, say they live with someone who has problems with substance abuse.
- 35% consider themselves to have been the victim of sexual harassment.
- 31% have been sent images or messages that have made them uncomfortable or upset.
- 26% have been asked to send nude pictures of themselves, or join in with sexual conversations.
- 41% of those who speak Swahili have been in a physical fight.
- 11% of do not feel safe at home.



Chapter 3: Emotional Wellbeing

LGBTQ+

Non-binary

- 51% of non-binary young people say they live with someone who has a health or mental health condition (compared to 22% female / 18% male).
- 30% say they have been bullied in the last few months.
- 54% say they hurt themselves in some way.
- 90% often feel nervous or anxious.
- 87% often feel down or depressed

Gay/lesbian

- 21% of those who are gay / lesbian say they have been bullied in the past few months, compared to 7% of those who identify as heterosexual.
- 21% say they have taken part in bullying another person in the last few months.
- 33% say they are currently hurting themselves.
- 51% often feel down or depressed.
- 64% often feel nervous or anxious.

Bisexual

- 29% who are bisexual admit they are hurting themselves.
- 51% often feel down or depressed.
- 55% often feel nervous or anxious.

Young Carers

- 16% of those with caring responsibilities say they have been bullied in the last few months.
- 11% say they hurt themselves in some way.
- 22% often feel down or depressed.
- 39% often feel nervous or anxious.
- 42% often find it hard to sleep or stay asleep.

Ethnicity

- 35% of Bangladeshi young people say they live with someone with a health or mental health condition.

Russian

- 41% of those who speak Russian say they have been bullied in the last few months compared to 11% of those who only speak English.
- 23% say they currently hurt themselves.
- 35% often feel down or depressed.
- 37% often feel nervous or anxious.

Ukrainian

- 35% of those that speak Ukrainian live with someone with a health or mental health condition.
- 32% say they have been bullied in the last few months.
- 23% say they hurt themselves.
- 31% often feel down or depressed.
- 34% often feel nervous or anxious.

Swahilian

- 45% of those that speak Swahili say they live with someone with a health or mental health condition
- 24% say they currently hurt themselves.
- 26% often feel down or depressed.
- 33% often feel nervous or anxious.

SEND

- 23% of young people with SEND say they have been bullied in the last few months.
- 20% say they currently hurt themselves.
- 31% often feel down or depressed.
- 36% often feel nervous or anxious.





**For more information contact
ceri.morris@youngharrow.org**

