

Summary Results

2022-2023









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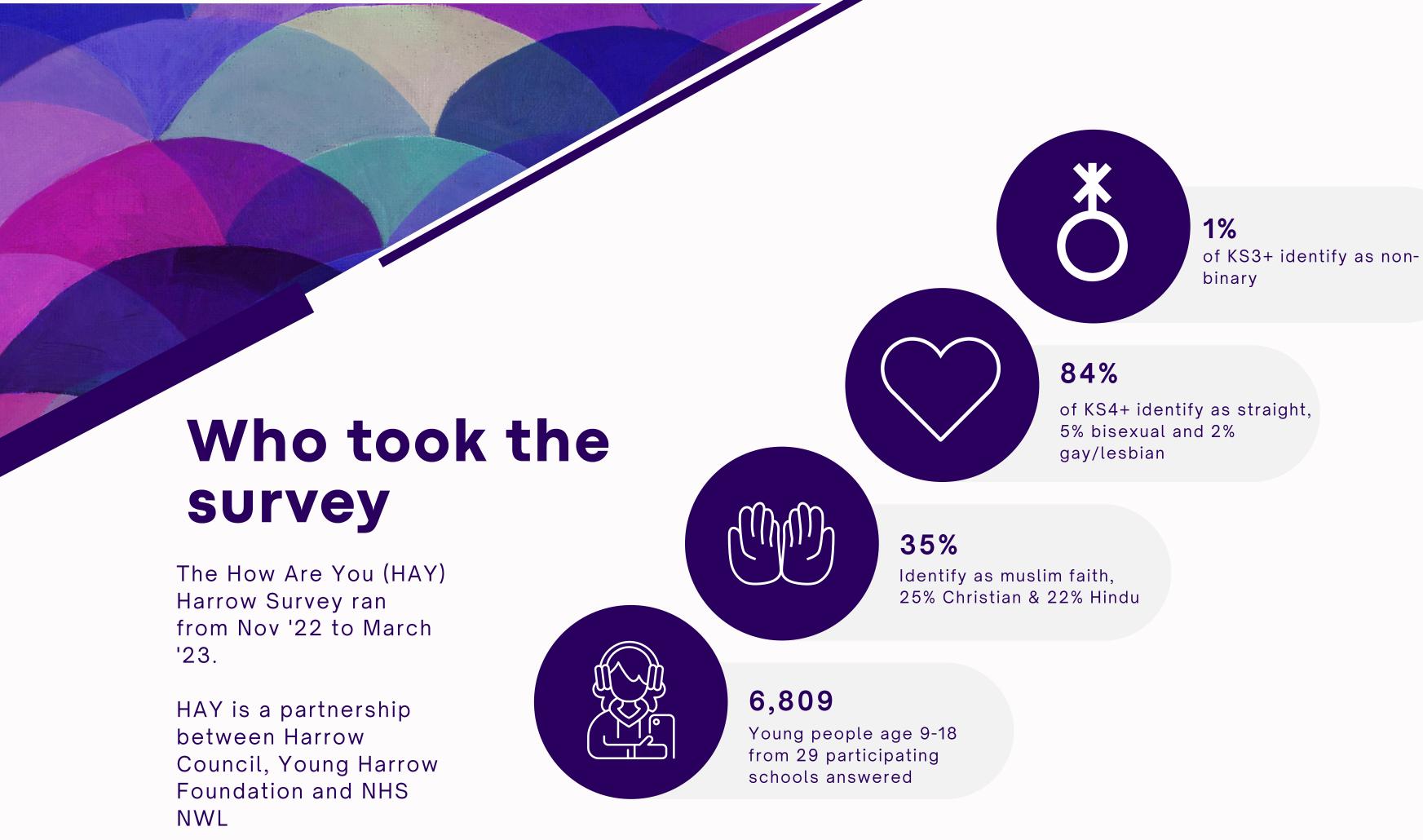
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SUMMARY THEMES

Overall our young people are doing well and have good support networks:

- 80% agree that their family helps and supports them, and that their parents or carers are interested in what happens to them at school or college
- 80% say they like school or college a bit or a lot
- 80% say they agree they have a really good friend or friends



Poverty

This year's survey highlighted the increasing concerns children and young people are having around running out of food.



Safety

Sexual harassment, as well as not feeling safe around Harrow including school and home, are some of the concerns highlighted in this year's results.



Mental Health

Mental health continues to be something that a lot of young people are struggling with, and this year's survey highlighted self harm concerns.



While young people continue to mostly self report as feeling well, there were some concerning results particularly around vaping.



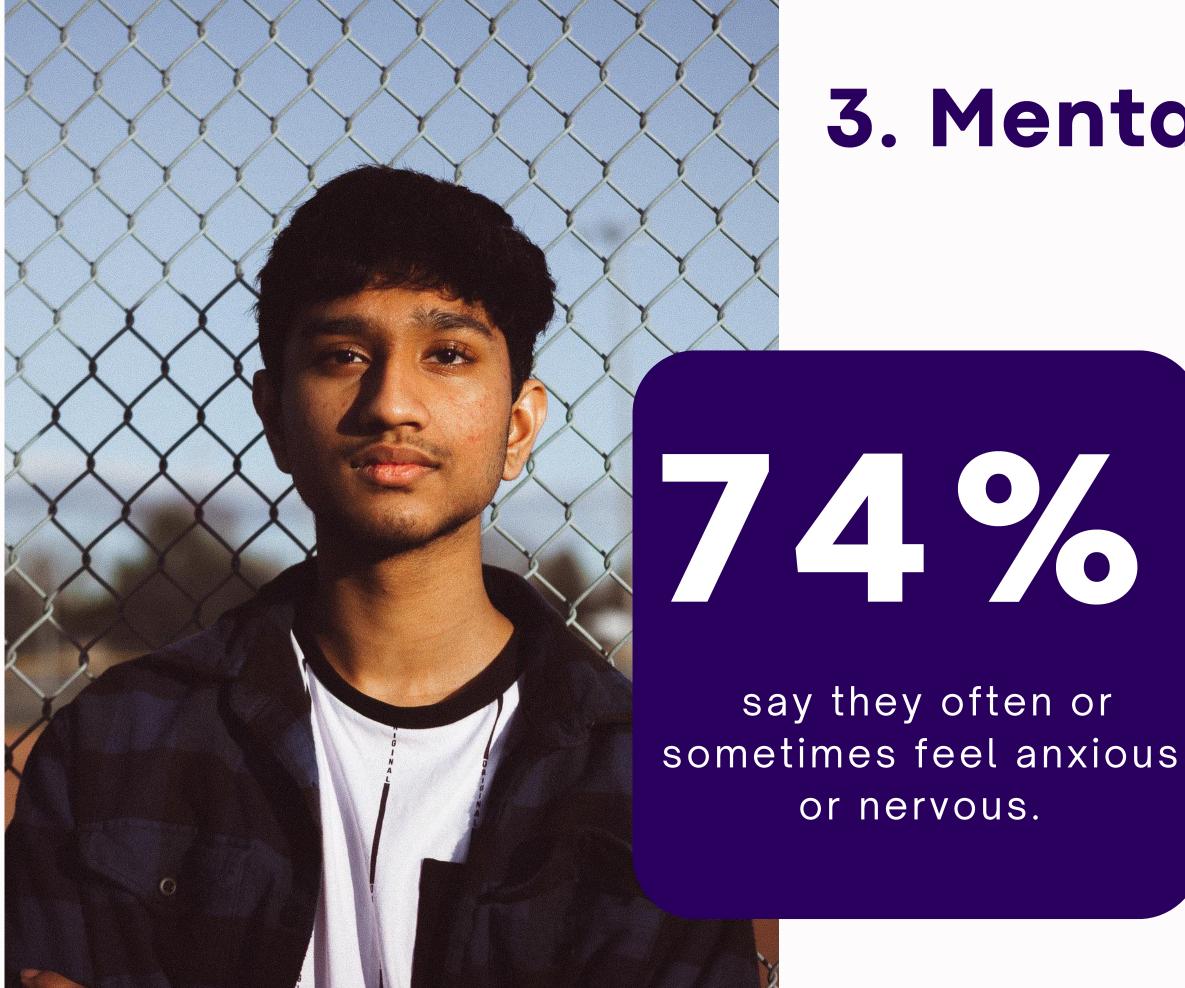
1. Poverty

- Overall 17% of young people worry about their family running out food (*this figure was **12%** in 2021)
- This concern saw the highest increase in KS2 (primary school age) as 19% say they worry about food running out. This is a 10% increase compared to 2021
- Young people who identify as Arab are most likely to worry (22%), as are those identifying as Chinese or Black (both 21%)
- Around 23% that have caring responsibilities at home, say they worry about food running out
- 6% of young people live in temporary accommodation
- 4% of those that have caring responsibilities say they don't have their own bedroom (overall 2%).



2.Safety

- 38% say there are areas of Harrow where they feel unsafe and 44% do not feel safe in the area where they live some or all of the time
- 2% do not feel safe at home and 10% only feel safe at home some of the time.
- 20% say they have been in a physical fight in the last 12 months and 33% have watched someone get physically hurt by someone else in the last 12 months
- 19% of children in KS2 (primary age 9-11yrs) answered they have daily online contact or contact several times a week with people they have never met in real life.
- 60% feel safe at school or college 'all of the time', but this drops to 49% for those answering in KS3 (age 12-14)
- 3% of those that answered the survey in KS4&5&College said they have been involved in gang activities in the last 12 months.



3. Mental Health

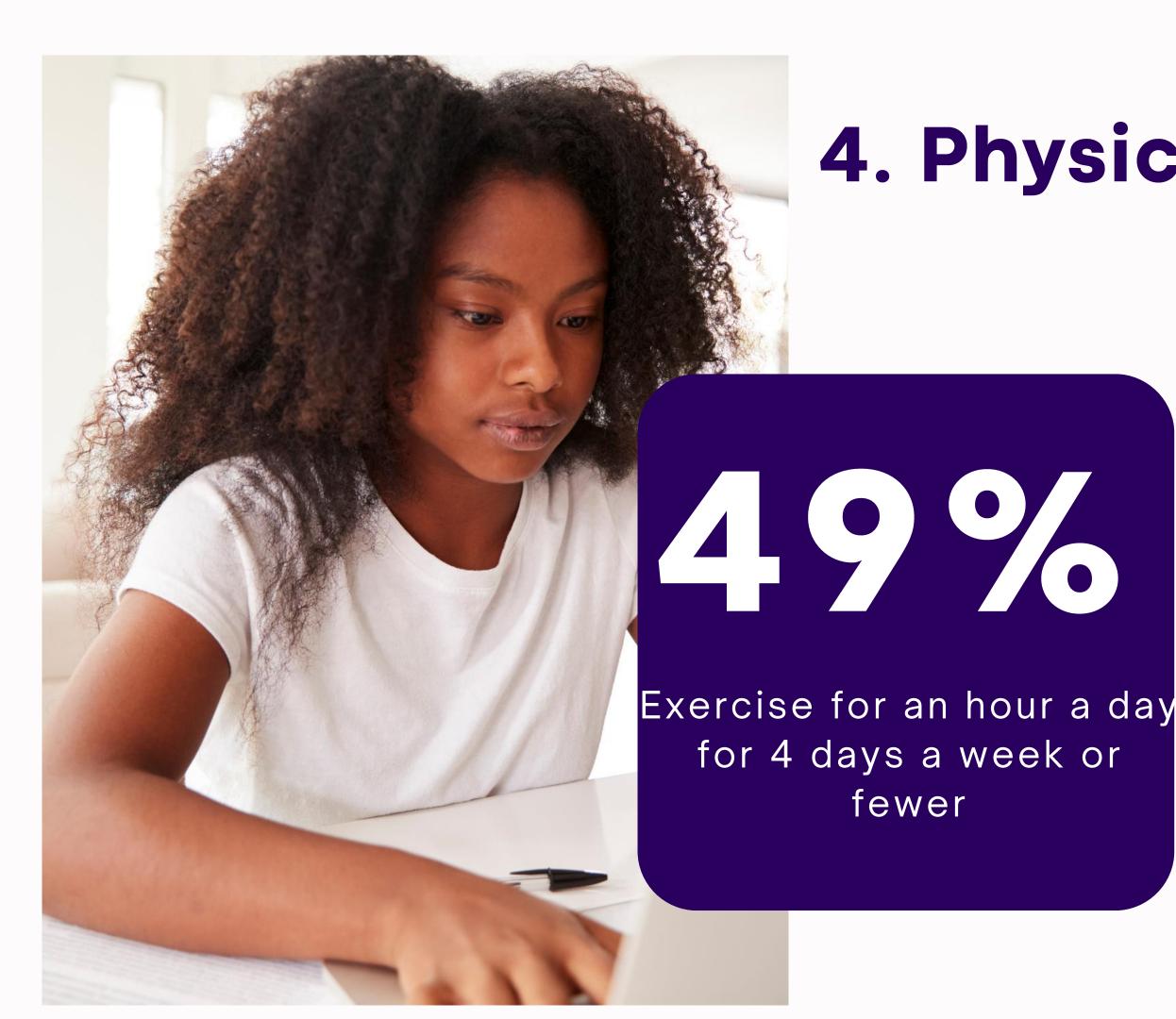
 5% are currently self-harming, with a further 6% saying they "used to selfharm"

• 74% say they often or sometimes feel

reported the highest score of 76%

anxious or nervous. KS2 (primary age)

- 11% have recently been bullied. This was highest in KS2 (primary age 9-11yrs) at 13%.
- 23% of children with SEN say they've been bullied in the last few months
- The most common worry for young people relates to school or college, and the workload including assignments and exams.
- 65% say they often or sometimes feel depressed or down.



4. Physical Health

fewer

- 21% do not brush their teeth twice a day
- 8% have a fizzy drink every day, 30% have one at least several times a week
- 12% have Asthma
- 6% vape this rises to 7% in KS4/5 and 13% for college age
- 59% of KS4/5 & College students do not know where to access local sexual health services
- 14% say cost prevents them from doing the sport / exercise they would like to do. 18% say there are no suitable spaces near to their home.
- Most popular sports activities in order
 - 1. Football / Rugby / Cricket (49%)
 - 2. Basketball / Netball / Tennis (38%) 3 jogging running (34%) 4 Cycling (30%)

Next Steps

01

Getting the full data set finalised and published on Young Harrow Foundation website

02

Working closely with North London ICB to embed and inform the data in the family hubs work in Harrow, and other Harrow Council strategies

03

Young Harrow Foundation work with members to drive funding into Harrow to address the four key areas identified in the HAY Harrow report

04

Task and finish group to make recommendations and respond to those YP reporting that they worry about their family having resources for food.

More groups needed to look at some of the other issues.





THANK YOU



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