









Holiday Activities and FOOD (HAF)

Programme for HARROW

ANNUAL REPORT 2023









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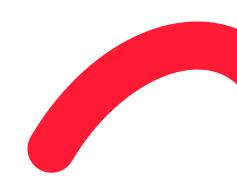
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EXECUTIVE SUMMARY

Harrow HAF has once again demonstrated our high standards and excellent providers but it was not without challenges. The HAF funding requires constant adaptation and innovation to secure success. This report provides a breakdown of the different holidays, achievements, and challenges we encountered.

We take pride in our HAF programme, especially in delivering high-quality services, offering a wide range of activities, and securing additional funding for the high number of young people facing economic disadvantage in our borough, who are not eligible for FSM. Our borough has a significant number of large families, and the FSM criteria does not necessarily consider the number of children in the same household, meaning many families facing poverty are ineligible for FSM. This is a concern to us, and we remain dedicated to supporting these families as much as possible.

This year, we managed to secure extra funding through partnerships with Harrow School and John Lyon School, offering venue space, with Help Harrow and the DVS Foundation securing an additional amount of £27,365.

National data indicates that the national average reach is 17% FSM of their cohort, whereas Harrow managed to reach 23% of our cohort; considering all FSM and only residents of Harrow, our overall reach was 26% FSM. While these numbers are positive, we are actively working to increase the participation of secondary school-age and SEND participants, who pose unique challenges due to stigma and commitment issues, respectively. Although we have seen fluctuations in the numbers for these specific groups throughout the year, overall, we continue to experiment with different approaches each holiday season, striving to find the most effective strategies.

These challenges are acknowledged, and we are committed to addressing them, especially as we enter what is currently our last year of confirmed HAF funding. This year, our focus was on reaching as many families as possible, and thanks to our communications team and website enhancements, we saw a 55% increase in website visits.





EXECUTIVE SUMMARY

We continue to adapt to this funding, facilitating our members' work and gaining better insights into this funding and bookings through our proprietary booking system. This system has been highly successful, not only providing better booking insights but also eliminating double bookings and reducing administrative burdens for our members. Additionally, we have improved our health and wellbeing activity brochures this year, incorporating more mental health activities to emphasise the importance of mental wellbeing and signposting to the support available within our community.

We are continuously striving to adapt and improve our programme, and we are extremely proud of the creativity and innovation demonstrated by our grassroots organisations. While private providers may offer more formulaic approaches, our local providers consistently deliver beyond expectations.

Our offerings have been diverse, ranging from musicals, arts, museum trips, dance, canoeing, and 39 different sports to animal encounters. Particularly noteworthy is our partnership with the Metropolitan Police, who provide summer programmes supported by a free venue from Harrow School. This programme includes contributions from various police departments, the London Ambulance Service, and Hope UK (a drugs education charity), covering topics such as riot control, bomb disposal, knife crime prevention, cybercrime, and drug education.

Funding overview:

7,172 cyp supported

33,000Over 33,000 nutritious hot meals serve

194,100Hours of activities

32,350

HAF sessions



Easter Programme Summary

In total, **we distributed £106,717** in direct grants for the HAF Easter 2023 programme. Grants were awarded to **23 organisations** with varying grant sizes. This offered a wide range of opportunities right across Harrow targeted a diverse range of children and young people, including Romanian, Iranian, Afghan and Tamil communities.

Our Easter programme was a success, with more participants (1931) engaged compared to last year (1482). We were expecting around 1000 children and young people to fill the HAF funded spaces, and are pleased to say more than 1400 spaces were filled with a few left to spare. We continue to grow our reach every year and this Easter demonstrates that we continue to meet (and exceed) targets.

This year we introduced **secondary school age drop-in sessions**, allowing providers more flexibility and enabling secondary-aged young people to have more control over their participation in the programme. This was well received and resulted in a 27% increase in attendance.

We continue to strengthen our relationships with **SEND specialist schools and providers**. We offered more places for SEND provision this year and had great success in attracting 370 young people with SEND. This is more than double the number of young people that participated in Easter 2022 (166), testament to our dedication to providing quality SEND education and support.

Easter 2023 was delivered by:

15

Non for Profit organisations

7 Private providers

School

The programme supported:

1931

Children and young people in total

1556

Primary

375

Secondary

373

SEND





Easter Programme Summary

The DfE required a minimum of 16 hours provision over 3 days this Easter, and Harrow provided:

3372

total number of days attended by FSM eligible primary-aged participants

1576

total number of days attended by FSM eligible secondary-aged participants

We are committed to making the sign up process for HAF as accessible and straightforward as possible for parents and carers. We made changes on YHF's HAF website pages to reflect the feedback and learning from previous programmes and will continue to do so for future programmes. From 1 March to 30 April 2023, we increased engagement on our website for HAF related pages and enquiries as follows

15200

More HAF page views this period compared to HAF Easter 2022, this is almost double the number of page views received

7x

More project enquiries through HAF pages this period compared (756) to HAF Easter 2022 (100)

40

% more unique visitors to the HAF pages this period (9169) compared to HAF Easter 2022 (3680)

Our focus for enhancing future HAF programmes

We are planning to launch a new booking management system to help monitor all the requests made to our providers and ensure they respond in a timely manner. More details about the trial and results will be included in the HAF Summer programme impact report.

We also hope to increase the SEND offer through working with specialist schools and companies.







Summer Programme Summary

In total, **we disbursed a sum of £350,098** in direct grants for the HAF Summer 2023 programme. These grants were allocated to **23 diverse organisations**, each receiving varying grant amounts. This funding facilitated the creation of more than 15,460 programme slots, each offering a minimum of six hours of provision daily, which included a nutritious meal. This initiative spanned across Harrow, catering to a wide range of children and young people from diverse cultural backgrounds and varying vulnerabilities.

While the HAF program has historically focused on supporting children eligible for Free School Meals (FSM), thanks to matching funding, we were able to allocate 2,210 program slots for vulnerable children and young people who do not meet FSM criteria but stand to benefit greatly from this opportunity.

This increase in participation, **from 1,617 to 2,422** compared to the previous year, represents a significant enhancement of support, particularly considering the challenging conditions we are currently facing.

Despite consistent funding levels, **the 2023 summer program can be deemed a success**, with an increased number of supported children and young people compared to the previous summer. This positive outcome underscores our ability to meet and exceed our expectations while navigating the rising cost of living.

During this holiday period, we piloted a **new central booking system**, which provided us with improved oversight of bookings, allowed us to prevent double bookings, manage waiting lists efficiently, and monitor response times.

Our program continues to strengthen relationships with **Special Educational Needs and Disabilities (SEND) specialist schools and providers**, although this remains an area where challenges persist. Here are some of the challenges:

- The main issue centres around identifying suitable provisions capable of accommodating individuals with the highest level of needs.
- Factors such as individual risk assessments, budget constraints, and the scarcity of highly trained staff contribute to the complexities of engaging SEND provisions.
- Our efforts to collaborate with organizations that offer short breaks come with the additional challenge of avoiding duplicate funding, which we are diligently addressing.

In conclusion, the HAF Summer 2023 programme has achieved commendable progress in terms of expanding support to vulnerable children and young people. The introduction of the central booking system has enhanced operational efficiency, and we have seen a substantial increase in programme engagement. While we acknowledge areas for improvement, our commitment to delivering essential services remains unwavering double funding



Summer Programme Summary



We made changes on YHF's HAF website pages to reflect the feedback and learning from previous programmes also creating a new system to be able to control our bookings, cancellattions, double bookings. This system yielded positive results and benefitted both our organization and service providers.

In 2023, HAF projects received a total of **8,297 visits**, a notable increase from the **4,931 visits** in 2022. We processed 458 booking requests and successfully resolved 78 instances of attempted double bookings, thanks to effective communication with families.

Furthermore, we actively managed the issue of no-shows and cancellations, with 162 no-shows, while 66 spaces were reallocated to individuals on waiting lists, resulting in only 96 unused slots. Although these numbers are not unfavorable, we are committed to ongoing improvement.

Summer 2023 was delivered by:

18

Non for profit organisations

4

Private providers

1

School

The programme supported:

2,422

Children and young people in total

1,822

Primary

400

Secondary

198

- SEND





Summer Programme Summary

19313

total number of days attended by FSM eligible primary-aged participants

3920

total number of days attended by FSM eligible secondary-aged participants

8297

In 2023, HAF projects received a total of 8,297 visits

40%

compared to HAF Summer 2022 we can see an increasy of 40%.

Not only the avarage opf days of cyp attended was good but on avarage:

69.7 hours

tWe have an avarage of 69.7 hours that our participant manage to enjoy this summer 59hours

Secondary age participants manage to enjoy on avarge 59hours of fun on our programmes







Winter Programme Summary

In total, **we disbursed a sum of £170,191** in direct grants for the HAF Winter 2023 programme. These grants were allocated to 29 grants for **23 diverse organisations**, each receiving varying grant amounts. This funding facilitated the creation of more than 4,185 program slots, , including a nutritious meal. This initiative spanned across Harrow, catering to a wide range of children and young people from diverse cultural backgrounds and varying vulnerabilities.

The highlight of the Winter programme, for another year, was our very own **HAF Harrow Winter Wonderland**, with over 2,000 participants entering through the doors into a magical winter wonderland. They had the opportunity to enjoy our funfair ground rides, learn circus skills, or be part of a magic show, finishing off with a special, nutritious, roast Christmas dinner.

Despite unchanging funding levels, the 2023 winter programme can be deemed a success, considering the constant rise in the cost of living and the complexity of funding. This season presented challenges, mainly due to dates on which the schools finished and holidays fell, particularly relying on teachers to volunteer their time to bring participants to our Winter Wonderland.

Our programme:

- Continues to strengthen relationships with schools and other professionals in our borough who work closely with our children and young people.
- Our non-profit organisations continue to amaze us with their hard work and creativity.
 Thanks to them, our young people have enjoyed numerous trips to museums, ice skating, climbing, cinema theatres, and many more.
- One organisation even provided the opportunity to not only attend the theatre but also go backstage and meet the cast!

Harrow food banks have become busier, indicating the impact of the rising cost of living on our community. While the HAF funding is primarily for FSM children, we recognise the need to address economic disadvantage among larger families who may not be eligible for FSM. Hence, we continue to work on securing match funding. Harrow School, Help Harrow and the DVS Foundation have once again supported HAF with their match funding.

We continue to be really proud to be able to continue to offer all families engaging in HAF and in particular need, in need a food parcel delivered to their home, complete with recipes and video tutorials, to ensure they make the most of this food parcel thanks to Help Harrow. This service goes beyond the HAF programme and can be accessed anytime they need it throughout the year. We believe that due to the stigma attached, especially in certain communities, to attend a food bank, this service has been a game-changer in our community as it simply consists of filling an online form and having the food delivered, to ensure that our families, especially our children, do not go hungry.



Winter Programme Summary



Our **new booking system** has provided us with a better view of bookings and has significantly reduced double bookings and we are confident in showing accurate numbers, which is encouraging. However, we remain a little disappointed with the engagement of our secondary age group, despite adapting offers to attract them. It might be that this programme is less suitable to the older age range.

Our experience is that HAF funding can present a particular challenge for our older group as they may feel embarrassed to share if they are eligible for FSM. Additionally, for safety reasons, we are unable to accommodate older age groups in accessing our Winter Wonderland.

Young Harrow Foundation (YHF) continues to work tirelessly to create programmes that can capture the attention of this group with a more flexible approach. Additionally, we continue to strive to make funding opportunities more open to this group, taking into account their concerns regarding FSM eligibility, so they feel more comfortable attending.

Winter 2023 was delivered by:

15

Non for Profit organisations

8

Private providers

4169

total number of days attended by FSM eligible participants

9,253

In Winter 2023, HAF projects received a total of 8,297 visits reflecting the great effort of our team to promote HAF

The programme supported:

2,819

Children and young people in total

2,692

Primary

127

Secondary

189

- SEND

12,251 hours

total number of of hours offered on our winter HAF





Harrow Outcomes

Eat more healthily (hot meals where possible)

On average our children and young people had more than 3-4 days' provision all of which included lunch, during our Easter programme and 10 days minimum provision during the summer programme, including 10 hot nutritious meals In addition, just over 70% of our funded programmes also included breakfast and regular healthy snacks trying new foods and wildly different types of fruit. They also included learning and group discussion on the importance of healthy eating.

Be more active

All our HAF participants have a minimum of 2 hours of physical activities, and often more at each session. They were encouraged to try new sports and new games designed to keep them active. We understand that not all children may have a preference for traditional sports; however, our providers have innovatively introduced a variety of engaging games to ensure that children and young people (CYP) actively participate in more than two hours of physical activity, often without even realising it.

Take part in engaging and enriching activities

Our local providers ensure there is an extensive variety of activities to suit everyone. All of our programmes promote healthy eating and being physically active. Children and young people tried new foods, made new friends, played sports, and got involved in singing, dancing and exploring the great outdoors. One of our SEND schools working with high-level needs used a company specialising in sailing over Easter which offered them a unique and amazing experience.

Be safe and not isolated

Even now the most common feedback from young people on what they enjoyed most from the HAF programme is meeting new people and making new friends. They are happy not to be at home and to be trying so many new things and creating some fantastic memories. This reinforces the importance and ongoing need for our young people Particularly in the midst of the ongoing cost of living crisis, which has significantly affected a substantial proportion of our community and their living environments. The additional stress stemming from these financial challenges is notably impacting their mental wellbeing.

Have greater knowledge of health and nutrition

Harrow HAF providers have made a lot of effort to improve their snack and lunch provision. All funded programmes have a daily health and nutrition theme in their scheduled timetables. Additionally, we have supported parents and carers to have access to food banks and created food videos on cooking on a budget. YHF continues to provide Health Activity Packs to our providers. Our programme is designed to offer a wide range of activities and enjoyable games that not only educate our young people about healthy lifestyles but also provide a directory of support resources for families. Additionally, for the first time, we have introduced games aimed at promoting and enhancing the mental well-being of children and young people (CYP).





What did children, young people, parents and carers say about HAF?

Here are some snippets of what children, young people, parents and carers fed back to our HAF providers regarding the HAF programme:

"I loved the camp, I could play with my friends. I loved the smoothie making, it was good. Coming to Cedars allows me to be sporty" **Participant**

"The activity was very beneficial for our daughter, and it offered break in the routine during the Easter holidays. She was very enthusiastic about the sessions and attended with great level of engagement. Leroy was able to get the message across about the importance of good nutrition and physical activity and we see positive change in our child's behaviour and attitude following the sessions." Parents of participant, aged 15

"I enjoyed the cooking with chef Doug, and how to make the vegetable cakes" **Participant**

"The Beacon Centre PlayScheme has been a lifeline for my children."

Parent







"Alsa and Cyra came last year to the summer workshops, they absolutely loved it and couldn't wait to get back this year. I came to the show on Friday I have never seen such a brilliant show and just after two weeks.

"I loved the soft play bus wouldn't leave and came in the next day asking if the soft play bus was there.

> "I loved coming and seeing my friends again from last time. Oxygen was really fun, and I liked making my own pizza". **Participant**

"We appreciate what your organisation is doing to help us cope in this difficult times hard to deal with, we as a family are extremely grateful". **Mum of 2 holiday club** attendees



"we are very happy indeed with the programme felt very welcomed and included, we are not a Muslim family and still felt very welcome and this meant so much to us." **Parent**

"Thank you to you and all of your team for what you have put on for the kids. I have never been able to afford to send them on camps and this one is just amazing. My kids have come home every day so excited to tell me all about the activities they have done that day. **Parent**

"-I never go to the cinema – it is too expensive – I love this!









HAF



Gray Family Case Study

It didn't matter that we'd not been on a holiday, because he had such a good summer

Paula Gray is grandparent and guardian to Kye, who is 13 years old and lives in Harrow.

Kye had a great experience with HAF last year, and so he was excited to spend another Summer with Metropolitan Police's Programme in Harrow.

"It's such a great camp, he gets to try so many things he hasn't before and I'm so happy he's active and having fun."

Paula is registered disabled and so she knew she would struggle to give Kye an active summer with fun and adventure.



"If I didn't have HAF, Kye would have spent the summer on his Xbox. To know that he was having a great time, making friends and coming home happy, just meant everything to me."

Kye also attended St Albans camp, and he walked in not knowing anyone else there.

"He was nervous about not knowing anyone, but the camp leader was so aware and supportive that it didn't take long for Kye to really come out of his shell."

The food provision was particularly helpful for Paula this year - as it meant that she didn't have to provide it.

"It was great because it was easier, and I also had the reassurance that he was eating healthy and not overeating and snacking on rubbish, which is what he'd be doing if he had been at home."

Kye had so much fun because of HAF that Paula says...

"it didn't matter that we didn't have a holiday this Summer!"





Shared Learning from Easter

Strengthening support for SEND, has led to a significant increase in engagement and impact

We continue to enhance our support for individuals with special educational needs and disabilities (SEND), including establishing stronger connections with specialist schools. In this regard, a total of 370 attendees from the SEND community participated in the program. This is more than double the number of young people that participated in Easter 2022 (166), testament to our dedication to providing quality SEND education and support.

Our HAF providers continued their partnerships with local supermarkets and charities for food waste reduction

Although YHF and Harrow Council do not work directly with supermarkets, we encourage HAF providers who are delivering the programme to connect with their local stores. Almost 90% of our organisations have partnerships with local supermarkets. Additionally, London's Community Kitchen (who delivered programmes this Easter and will be our key food partner for HAF summer 2023) strive for zero food waste and have connections with supermarkets as well as with Amazon Fresh. They are also involved in Harrow Council's food hub/food bank project.

Focus in the future

We hope to increase the SEND offer through working with a specialist secondary school.

We are also committed to making the sign up process for HAF as accessible and straightforward as possible for parents and carers. We made changes on YHF's HAF website pages to reflect the feedback and learning from previous programmes and will continue to do so for future programmes.

We are also planning to launch a new YHF booking system for HAF Summer 2023 to help monitor all the requests made to our providers and ensure they respond in a timely manner.

Filling bookings took more time than anticipated

The process of filling spaces and bookings took more time than anticipated. This led to some constructive feedback from organisations expressing their concerns around the system and management. This is one of our core focuses for HAF Summer. Additionally, the timing of Ramadan coincided with the holiday period, affecting the overall scheduling. To address this, secondary school age drop-ins were introduced, offering providers greater flexibility and accommodating a larger proportion of attendees. This was well received and resulted in a 27% increase in attendance.





Shared Learning from Summer

New booking system

This holiday, we piloted our new central booking system, provided a better overview of bookings, ensured we avoided double bookings waiting lists and monitored response times. This system proved successful overall and supported our providers.

Parents feedback non-FSM

We continue to have lots of enquiries from parents/carers of non-FSM participants. There is a high number of children facing a range of poverty-related issues in our borough who remain ineligible for FSM. We are pleased to continue to secure match funding to enable us to support some of these families.

Parents feedback

We have managed not only to reach but surpass the numbers expected. We YHF are now sharing feedback questionnaires with providers and parents, this allow us to have a perfect view of what is happening and the results are positive, confirming that we are managing to not only reach the numbers but also to deliver a high standard and meet local needs.

Provides feedback

The only concern we have found from feedback from providers is that we have not been able to increase our funding offer, so they struggle to fit within the limits on offer, especially given the high increase in the cost of living and particular food, which remains the critical element of this programme.

Hot meals food partnership

The provision of food during the holiday season has been a commendable endeavor, albeit not without its challenges. We have diligently endeavored to secure food providers capable of delivering hot, nutritionally rich meals, allowing families to pre-select from a diverse menu. However, the logistical intricacies of this undertaking have presented some formidable obstacles.

First and foremost, the issue of costefficiency has been a primary concern. The budgetary constraints have necessitated careful consideration in offering competitive pricing for the provision of meals.

Addressing the culinary preferences of our multifaceted community presents another significant challenge.

Crafting a menu that caters to a wide range of tastes and dietary requirements within our borough is a complex task that demands our attention.







Shared Learning from Summer

The logistics of distributing meals to an extensive network of over 30-40 venues across our borough within a tight one-hour timeframe have proven to be a formidable operational hurdle.

Furthermore, the administrative and communication demands of managing a project of this nature have been significant. Coordinating with numerous stakeholders, ensuring timely delivery, and addressing any unforeseen issues requires meticulous attention to detail.

In light of our experiences, we are committed to continually seeking improved services or exploring alternative providers that grant recipients can directly engage with. This approach will empower them to make selections that better align with the needs and preferences of their respective participants and communities.











Shared Learning from Winter

New booking system

We have worked on and amended our central system to provide more accurate data. This not only gives us a better view of our overall bookings but also allows us to control the response time of organisations in registering these young people. Additionally, our local providers have highly praised our system, as it helps them to cut back on a lot of extra administrative work.

Parents feedback non-FSM

We continue to receive numerous inquiries from parents/carers of non-FSM participants. There is a high number of children facing a range of poverty-related issues in our borough who remain ineligible for FSM. We are pleased to continue securing match funding to enable us to support some of these families.

Parents feedback

We are continuously collecting feedback, not only from parents/carers but also from professionals working with our young people. All feedback received reinforces the necessity of this funding for the young people and how it improves the holidays for our children and young people and the wider community. We have received amazing feedback about our Winter Wonderland, with a high number of children and young people experiencing funfair rides and tasting a typical Christmas dinner for the first time.

Providers feedback

The feedback from private providers continues to highlight the increased cost of running these programmes due to the rising cost of living.

The feedback received from teachers, parents, and young attendees has been overwhelmingly positive, affirming the impact of our efforts.

Of particular note is the heart-warming response to the provided roast dinners/meals, with over 80% of the young participants expressing their delight by either going for seconds or thirds, or even taking extra food home. Many children shared with us that they had never experienced such a meal before and never 24 / 24 used Christmas crackers, adding to the novelty and excitement of the occasion.

The only downside observed was the difficulty some children faced in saying goodbye when it was time to leave, a testament to the unforgettable memories created during their time at the Winter Wonderland.

Overall, the success of this event shows the importance of providing enriching experiences for children, and we remain committed to continuing our efforts to bring joy and opportunities to our community.

Additionally, we are proud of our efforts to be more inclusive, working with the Harrow Parents Forum to create a space where children with SEND can enjoy this event with their families in an atmosphere that is adapted to all families without feeling the pressure of specific challenges or judgement from others. This collaborative approach ensures that all families feel welcome and included in our events, further enhancing the community spirit that drives our initiatives forward





Funding Partners

In our ongoing commitment to support families in Harrow who are facing disadvantage and hardship, we have continued to pursue the model of securing additional private funds to complement our efforts. This report highlights our key partnerships and initiatives that have been instrumental in extending our support to those who may not be specifically in receipt of Free School Meals (FSM)

Partnership with the DVS Foundation

Last Easter, in 2022, we embarked on a collaborative journey with the DVS Foundation, a private family foundation established in 1985 by Dhiru V Shah. Since then, our partnership with the DVS Foundation has grown stronger, and we are pleased to report their continued commitment to supporting our program this year. This collaboration ensures that we can extend our reach and provide additional funding to local organizations, enabling children from families facing disadvantages to participate, even if they do not meet the standard eligibility criteria.

Collaboration with Help Harrow

Our partnership with Help Harrow has been instrumental in broadening the spectrum of support we offer to the community. In addition to delivering food parcels to any family in Harrow in need of assistance, we now provide valuable advice regarding benefits and other support services available within our community. This multi-faceted approach ensures that we address not only immediate food needs but also work towards sustainable support.

In-Kind Donations of Venues

YHF has secured in-kind donations in the form of free venue access from Harrow Schools and John Lyon School. This generous contribution has not only provided invaluable support to our service providers but has also granted our young beneficiaries the privilege of utilizing high-quality facilities with state-of-the-art amenities.

Collaboration with London Community Kitchen (LCK)

We are proud to partner with London Community Kitchen (LCK) to create, cook, and deliver hot, nutritious meals to our beneficiaries. Founded in 2014, LCK has become an integral part of suburban London communities. Their ethos of "Zero Waste & Zero Hunger" aligns seamlessly with our mission, making it a crucial component of our operations. LCK's dedication to ensuring that free or affordable food is accessible to the most vulnerable communities across London is in perfect harmony with our objectives.

LCK works diligently alongside charitable individuals and organizations to alleviate the suffering of those they serve. They receive substantial food donations from supermarkets across London, ensuring that no food goes to waste and that it reaches those in the utmost need.





Funding Partners

Conclusion

The collaborative efforts with the DVS Foundation, Help Harrow, and London Community Kitchen, along with the support of local educational institutions, have enabled us to broaden our scope and enhance our ability to support families facing disadvantage in Harrow. These partnerships and initiatives exemplify our commitment to addressing the diverse needs of our community and providing holistic support beyond just food provision. We remain steadfast in our mission to make a positive impact on the lives of those we serve.







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