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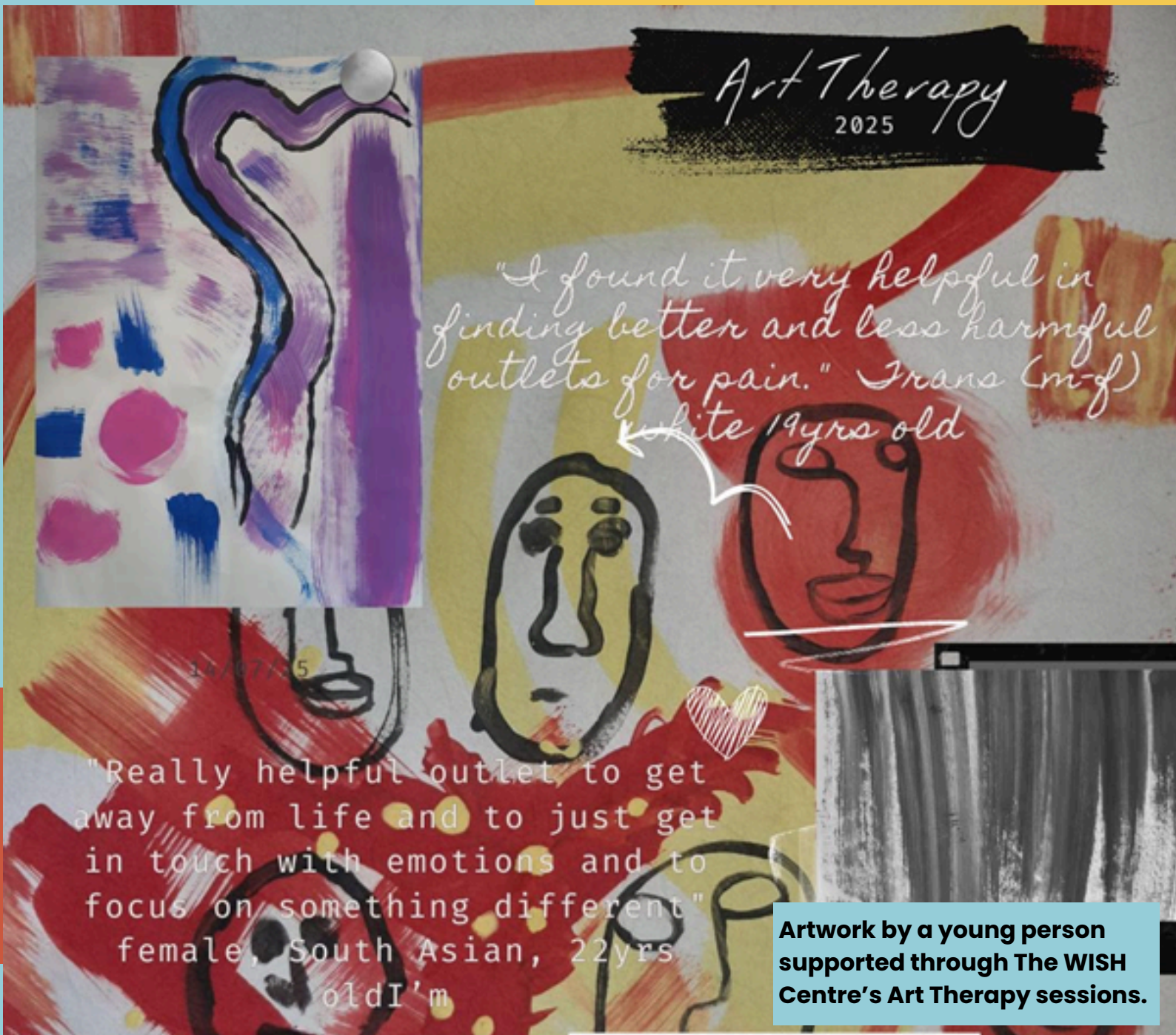
Harrow Young Adult Mental Health Partnership: A Learning Report

2022-2025



Artwork by a young person supported through The WISH Centre's Art Therapy sessions.

*Continuation funding

Introduction

In 2022, Young Harrow Foundation (YHF) awarded £69,000 through the Harrow Young Adult Mental Health Partnership to five local organisations to pilot a programme aimed at improving the mental health and wellbeing of young people aged 16–25. The programme was funded over three years, concluding in 2025. The programme supported young people aged 16–25 through a range of early intervention and therapeutic services.

This report presents key insights, learning and outcomes from the three-year delivery of the Harrow Young Adult Mental Health Partnership. Drawing on reflections from joint partnership meetings and monitoring reports submitted by delivery organisations, the report highlights what worked well and where improvements can be made. These shared learnings aim to deepen our understanding of the diverse needs of young adults and inform more tailored, effective service delivery—helping to shape future support with greater impact.

The two main aims of the programme were:

1. To build partnerships between the NHS and organisations that support young adult mental health.
2. To improve young adult (aged 16-25) mental health and wellbeing through one or all of the following:

- Addressing inequalities
- Better identifying unmet need
- Improving equality of access to early intervention and wellbeing support
- Engagement and navigation of support.

A core component of this partnership was to increasing collaboration between front line community organisations and NHS partners. The service delivery organisations' approach continued to prioritise early intervention, co-production, and tailored support for diverse needs. A focus was placed on outreach to underserved groups, expansion of peer support, and strengthening referral pathways.

Programme success

The Harrow Young Adult Mental Health Partnership delivered positive and tangible results over its three-year duration. It deepened engagement with young people aged 16–25, building on the foundational work of the pilot year. The programme supported over 360 young people from a wide range of ethnicities, identities, and life circumstances—including those who were NEET, care-experienced, or facing mental health challenges such as anxiety, self-harm, and trauma.

While the impact summmaries outlined in this report reflect the programme's high-level impact—such as improved emotional wellbeing and reduced self-harm—the true success lies in the strengthened partnerships between NHS and voluntary sector services. Grant holders became more embedded in the local mental health system, actively contributing to shared referral forums. These strengthened connections improved early intervention pathways and ensured young adults didn't fall through gaps—particularly in the transition between children's and adult mental health services. Moreover, the trauma-informed, creative approaches used by providers offered safe, inclusive spaces for healing and growth, often reaching young people who were disengaged from traditional services.

Summaries for Years 1 to 3

This section provides brief grant summaries of the key figures from Years 1 to 3 of the Harrow Young Adult Mental Health Partnership. In the pilot year (Year 1), the programme focused on initiatives developed by five organisations in Harrow (Arts for Life, Coffee Afrik, Harrow Carers, Mind in Harrow and The WISH Centre).

Continuation funding was subsequently offered to three of these original voluntary sector organisations to support ongoing delivery in Year 2 (Arts for Life, Mind in Harrow and The WISH Centre). Unfortunately, funding levels were reduced compared to Year 1, leading to difficult decisions to prioritise those organisations demonstrating the greatest impact. The work aimed to build on the pilot's foundations, specifically enhancing young people's mental health and overall wellbeing through targeted initiatives.

Continuation funding was also offered in Year 3, this time to two of the three organisations funded in Year 2 (Arts for Life and The WISH Centre). As with the previous year, funding amounts were lower than in Year 1 and 2, requiring careful selection to support those making the most significant impact.

To read more about the impact of Years 1 and 2, and the difference made by service providers, you can access the full reports by clicking here:

Year 1 impact report | **Year 2 impact report**

Funding overview for pilot Year 1 (2022-2023):

69,000
Grants awarded (£) in total to **5 organisations**

204
Young people supported

10
Training support sessions delivered to **191 professionals** in Harrow through HeadsUp

62
SEND YP supported

~23
NHS professionals accessed specialist training

83
YP from economically disadvantaged communities

36
Referrals directly through NHS services*

25
YP in care/care leavers

100
Self/parent/carer referrals

33
YP identify as LGBTQ+

*referrals directly through NHS services, e.g. CAMHS, Talking Therapies, etc.

Funding overview for Year 2 (2023-2024):

50,000
Grants awarded (£) in total to **3 organisations**

11
Training support sessions delivered to **138 professionals** in Harrow through HeadsUp

~11
NHS professionals accessed specialist training

51
Referrals directly through NHS services*

19
Self/parent/carer referrals

23
Other referral sources (schools/colleges/social care, etc)

93
Young people supported

51
SEND YP supported

3
YP from economically disadvantaged communities

14
YP in care/care leavers

39
YP identify as LGBTQ+

Funding overview for final Year 3 (2024-2025):

40,000
Grants awarded (£) in total to **2 organisations**

30
Referrals directly through NHS services*

20
Self/parent/carer referrals

8
Other referral sources (schools/colleges/social care, etc)

65
Young people supported

13
SEND YP supported

4
YP from economically disadvantaged communities

3
YP in care/care leavers

13
YP identify as LGBTQ+

*referrals directly through NHS services, e.g. CAMHS, Talking Therapies, etc.

Evaluation summary

The continued sharing of knowledge, experience, and insight between partner and delivery organisations has been a critical driver of the programme's success. Since the inception of the programme, we have fostered a collaborative environment by bringing together service partners and delivery organisations for regular meetings where knowledge exchange has flourished. Through open dialogue, service delivers and partners have shared a wealth of insights, experiences, and best practices. This collective learning has helped us navigate refine the programme's approach and respond to emerging challenges. It has also empowered the partnership to raise critical issues such as funding continuity, beneficiary engagement, and service thresholds.

Early reflections on the partnership by service partners and providers

In March 2023, we convened the service partners and providers to assess and evaluate the collaborative efforts that occurred during the pilot year of Harrow Young Adult Mental Health Partnership funding. This feedback session aimed to highlight the strengths of this partnership working, while also delving into the challenges we have encountered, and the potential opportunities and threats looming on the horizon. The key themes highlighted below offer a high-level synthesis of stakeholder feedback. While not exhaustive, they provide meaningful insights.

Initial reflections on the partnership

The partnership has contributed to all partners' understanding of local young people's (aged 16-25) mental health needs, facilitating more effective support and joined up thinking between the NHS and providers. The partnership worked due to the diverse array of services offered and the wealth of expertise within the network, responding effectively to the high demand for services. Both service partners and providers mentioned that the local training opportunities have been very successful.

However, the journey has also been marked by challenges. One of the notable areas where attention is needed is the provision of support for beneficiaries' families within their homes, highlighting the necessity for more holistic approaches. Additionally, the absence of interventions that involve physical activity in the offerings has emerged as a gap that should be addressed. Partners and providers highlighted the importance of workforce continuity and leadership, and the importance of more integrated planning between NHS and Harrow Council with community partners, aiming for a more seamless and coordinated support system in the future.

Quality of work being delivered

The stakeholders in this partnership have been highly responsive to the needs of their beneficiaries, broadening their support to become more young adult-friendly and fostering networking opportunities that have enhanced service quality. Through this funding, providers have developed innovative outreach models for young adults, particularly those who are NEET. Again, the sharing of knowledge within our network has played a pivotal role in service enhancement.

Evaluation summary

Delivery organisations highlighted that expanding their service offering and increasing outreach is constrained by the need for additional funding. This is further exacerbated by uncertainty of funding. The quality of delivery was perceived to be limited in some cases by a lack of integration into a wider support pathway. There was also a question of whether some aspects were meaningfully embedded in broader systems—such as navigation support—which may affect the quality and continuity of care provided to young people.

Referrals received and effectiveness of communication

Engagement from service providers has been a strong point, with partnership meetings and networking opportunities bolstering collaboration and confidence in linking with partners for various initiatives. NHS has a better awareness of services available for young people aged 16-25 and referrals. Building effective communication links, especially with community navigators, is a time-intensive process. The absence of a long-term funding plan raises concerns about sustainability. There was also a sense of isolation among some delivery organisations, prompting questions about whether they feel adequately integrated into a broader service pathway.

As part of the convening of partners and providers, a SWOT analysis was also undertaken to assess the overall programme. The diagram summarises key reflections that inform progress toward achieving collective impact.

Evaluation summary

Reflections on the partnership by service providers through Years 2 and 3

This feedback and reflections were collected from service providers that were re-awarded grants in Years 2 and 3.

Reflections on the partnership

All organisations reported stronger partnerships with NHS and community services. For Mind in Harrow, the continuation of the project into Year 2 helped the HeadsUp partnership expand its reach and build stronger connections with organisations supporting young people. One example is their work with Stanmore College. A staff member who attended a training session introduced HeadsUp to their team. As a result, HeadsUp was invited to run a mental health workshop for students, and Mind in Harrow was later asked to deliver further training for professionals on youth mental health. Other staff members also attended additional training delivered by HeadsUp's partners, which led to better signposting from the college to HeadsUp.

Another example is HeadsUp's involvement in a multi-agency forum that discusses complex cases and works to improve referrals and communication between CAMHS and voluntary sector services. Additionally, attending the Harrow Young Adult Mental Health and Wellbeing Partnership meetings has helped HeadsUp strengthen the link between children's and adult services for young people aged 16–25.

Both Arts for Life and The WISH Centre have benefited from partnerships they developed during years 2 and 3. Arts for Life partnered with CAAS (Centre for ADHD and Autism), Give Space (drama practitioners who came to do workshops), and they are also on the CAHMS paperwork if beneficiaries don't meet their criteria.

An important development for The WISH Centre during the grant was the review of their referral criteria, driven by high demand and limited capacity. They focused particularly on young people with diagnoses of autism, complex needs, suicidal thoughts, or recent suicide attempts. A key factor in their decision-making was whether the young person can engage in long-term reflective psychotherapy. The WISH Centre shared the updated 'inclusion and exclusion' criteria, developed as a result of this review, with NHS partners and at the CNWL Harrow Young Adult Partnership Forum.

The only notable limitation during Years 2 and 3 was the reduced opportunity for partners to reconvene. This limited space for collective reflection, shared learning, and strategic alignment across the wider network.

Overall, the grant programme strengthened partnerships across the local mental health system. All organisations funded from pilot to Year 3 became more embedded in existing networks, built trust with statutory services, and increased their visibility through collaborative work. Their participation in panels, professional training, and shared case discussions reflects the success of achieving one of the core outcomes of the programme: to build partnerships between the NHS and organisations that support young adult mental health.

Evaluation summary

Quality of work being delivered

Core aims specified by the partnership, as stated in the introduction, were as outlined below and service providers could select outcomes within the framework.

1. To build partnerships between the NHS and organisations that support young adult mental health.
2. To improve young adult (16-25s) mental health and wellbeing in Harrow, under this funding stream, through one or all of the following:

- Addressing inequalities
- Better identifying unmet need
- Improving equality of access to early intervention and wellbeing support, engagement and navigation of support.

All service providers, across all three years, delivered high-quality, impactful work that met or exceeded the above outcomes. Despite challenges such as internal capacity issues, high demand for young adult mental health services and complex needs of beneficiaries, the service providers were able to achieve strong outcomes.

Key strengths of the programme:

- Targeted early intervention: reached young adults before crises escalated, especially those facing long CAMHS waiting lists, school refusal, or lacking family support.
- Addressed inequalities: proactively engaged young people from BAME, LGBTQ+, care-experienced and other marginalised groups. For example, in Year 1 Coffee Afrik supported Black Caribbean and Black African populations, Harrow Carers targeted young carers; in Years 2 and 3 The WISH Centre and Arts for Life continued to support SEND, LGBTQ+ and individuals from underserved communities.
- Increased access: all the service providers delivered a blend of interventions, ranging from creative therapy (non-clinical), mentoring, wellbeing groups, and 1:1 clinical support. This flexible and person-centred approach helped reduce stigma and barriers to getting help.
- Understanding and meeting the complex needs of the beneficiaries: the programme allowed service providers enhance their approaches, specifically creative and therapeutic interventions that empowered young people and led to measurable improvements in mental health. Through collaboration with providers like Arts for Life and The WISH Centre, the programme supported reduced self-harm and suicidality, while fostering confidence, connection, and emotional wellbeing.

All interventions — including the training provided by Mind in Harrow in Years 1 and 2 — were rooted in trauma-informed and inclusive practices. The quality of these interventions also benefited from service providers being embedded within local systems, which strengthened referral networks and enabled early support that may have prevented crisis escalation. For more information on quality of work delivered by individual service providers, please read the reports highlighted on page 4.

Evaluation summary

Referrals received and effectiveness of communication

Referral pathways improved from Year 1 to Year 2, thanks to stronger relationships with NHS partners, greater awareness among professionals, and persistent outreach by service providers. However, the system remains fragmented, with serive providers highlighting inconsistencies in referral volume and integration across services. The lack of a centralised referral model, combined with high demand and funding uncertainty, continues to pose a barrier to a seamless young adult mental health support system.

What worked well in referral pathways?

- Multi-agency forums and panels: helped organisations like The WISH Centre and Harrow Carers strengthen ties with CAMHS, CMHTs*, and community navigators. In Year 2, 68% of Arts for Life beneficiaries come via CAHMS.
- Community-based outreach: use of posters, codes, social media, and word-of-mouth referrals (especially for The WISH Centre and Coffee Afrik) reached those less likely to access formal services.
- Integration with social prescribers and GPs: strengthened referral routes, especially in Year 2.
- Self-referral options: provided low-barrier entry points, which were essential for young people with complex needs or past negative experiences with statutory services.
- Training and signposting: improved understanding of available services. For example, Mind in Harrow increased professionals' likelihood to refer through training.

What could be improved to make the system work more effectively?

- Decentralised referral system: lack of a unified system made coordination more difficult between services.
- Timeliness of referrals: delays in access to support due to limited capacity at most service providers.
- Lack of shared referral infrastructure: communication was often manual or relationship-based rather than systematised.
- Clarity of referral criteria: some services (like The WISH Centre) had to refine inclusion/exclusion thresholds due to capacity pressures and high demand.
- Funding insecurity: threatened the continuity of relationships built with referrers and undermined planning long-term referral pathways.

Although the programme clearly contributed to improved pathways, earlier access to support, and possibly diverted or supplemented CAMHS caseloads, the collected monitoring information doesn't provide quantifiable evidence to measure the direct impact on CAMHS operations or outcomes.

We saw that the referral quality further improved in Year 3 due to stronger pathways, the overall volume and diversity of referrals declined (this could be partly due to fewer providers being able to continue delivery under revised grant budget for Years 2 and 3). Future partnership could focus on engaging schools, youth services, and social care as well as the traditional NHS referral pathways.

*Community Mental Health Team

Reflections on the three-year journey from Arts for Life

"Delivering this programme has been a powerful and transformative journey, not only for the young people we support but for their families and our team as well. While the landscape has not been without its challenges, including growing mental health needs and increased pressure on local services, these obstacles only reinforced our commitment to providing a consistent, nurturing, and creative space for those who need it most.

One of the greatest successes has been watching young people who arrived withdrawn, anxious, or disconnected gradually build confidence, form friendships, and begin to imagine a brighter future. Many of our participants have re-engaged with education, found purpose through creative expression, and, most importantly, learned that they are not alone.

A highlight has been the overwhelming feedback from parents, carers, and young adults themselves who describe Arts for Life as a lifeline. Our partnership work has also grown from strength to strength, allowing us to reach more young people and respond to need more effectively. We are immensely proud of what has been achieved and excited about the future of this programme."

Reflections on the journey from The WISH centre

"The art therapy group was a particular success and it worked well with young adult's aged between 18-22. A second facilitator would perhaps have allowed us to work with a larger group of YA (young adults). We worked with a maximum of 6 at any given time (one facilitator). The outcomes for self harm and suicidal ideation were testament to the work done by the YA's in the group.

The Arts therapy group was a group with it's basis in art therapy however it was adapted to incorporate WISH's peer support model. Participants felt the weekly check-ins which were mostly verbal but sometimes used the arts were a vital part of the group process. By the end of the group, self harm was an area they felt more comfortable to talk about with each other. Shame and stigma had been minimised, and we noticed that for the majority of the members there was a shift towards viewing themselves with more self compassion."

"I observed the group grow in confidence through the 9 months. I felt this was achieved through regular and consistent attendance of the group. The safety of sharing their experiences through metaphor as well as verbally in the group. Our outcomes clearly show that for all group members their self harm improved - 60% felt it was better than when they started the group and 40% felt that self harm had improved a lot. In regards to suicidal ideation there was an 80% improvement in this area - 60% 'felt better' and 20% felt their suicidal thoughts had 'improved a lot'."

Kaira Hunjan, Lead Psychotherapist

Appendix: Arts for Life

Arts for Life supports and champions young people and their families' emotional health and wellbeing through the therapeutic value of the creative arts.

20,000
Grant awarded (£)*

28
CYP supported, ages 16-25yrs*

18
Referral directly through NHS services

10
Self/parent/carer referrals

0
Referrals from other sources

Grant impact summary

This grant has made a life-changing difference to the young people Arts for Life support in Harrow. Many of those who access their service face complex mental health challenges, social isolation, and a deep sense of disconnection from mainstream education or community life. Through the support funded by this grant, they have been able to offer beneficiaries a safe, creative space to be heard, to express themselves without judgement, and to rebuild confidence step by step. The consistency and quality of care this funding has enabled has helped young adults re-engage with education, reduce feelings of anxiety and depression, and most importantly, begin to believe in themselves again. For some, it's been the difference between surviving and thriving.

Building partnerships

In Year 3, they partnered with the CAAS (Centre for ADHD and Autism) and Give Space, drama practitioners who came to do workshops. They are also on the CAHMS paperwork if individuals don't meet their criteria.

Achieved outcomes

Arts for Life originally planned to target 20 beneficiaries, but the actual total number of beneficiaries that they provided support to was higher at 28. The following outcomes were achieved through 36 sessions per person (on average):

1. Improved emotional wellbeing: all 28 young people (vs. 20 planned) showed greater emotional stability, resilience, and self-awareness, particularly those with histories of trauma or isolation.
2. Increased confidence and self-esteem: all participants gained confidence through creative expression, with many progressing to public sharing, volunteering, or leadership roles.
3. Greater engagement in education/training: 84% participants re-engaged with education, training, or community activities, including those previously disengaged or classed as 'school refusers'.

*Including one CYP aged under 16

Appendix: Arts for Life

Addressing inequalities

Many of the young adults who attend face considerable challenges, including neurodivergence, social exclusion, long CAMHS waiting lists, and limited family support. Arts for Life actively prioritised outreach to those from underrepresented and disadvantaged backgrounds, particularly young people from the BAME and LGBTQI+ communities, care-experienced individuals, and those affected by trauma, chronic anxiety, or school refusal. They offered a safe, nurturing, and non-clinical space for healing, ensuring each young person was met with empathy, respect, and tailored support based on their unique needs.

Better identifying unmet need

They worked in close partnership with schools, social workers, local services, and grassroots community groups (including CAAS, P3, and Adopt London West) to identify young adults who were falling through the gaps. Many arrived at their provision in crisis or isolation, with no other consistent form of support. Through Creative Crew sessions, art therapy, mentoring, wellbeing cafés, and 1:1 clinical work, they were able to assess their needs holistically and respond swiftly, offering support that often led to improved confidence, increased communication, emotional regulation, and renewed engagement in education, training, or relationships.

Improving equality of access and early Intervention

Their open-access model and welcoming approach meant that young adults did not need a diagnosis or referral to engage with Arts for Life. They reduced barriers by offering flexible support times, non-stigmatising language, and a highly relational environment. Their team includes diverse and trauma-informed practitioners who understand the importance of building trust first. Over the course of this grant, we welcomed 28 (over the original budget) young people each week, many of whom now access regular therapeutic or wellbeing-based support that would otherwise have been unavailable to them.

By making creative therapy and mentorship available early, before crises escalate, they have provided a consistent lifeline to many young adults navigating complex emotional, mental health, and social needs.

Story of change: Rebuilding confidence through connection

Emma* is a 20-year-old adopted young adult living with autism and severe anxiety. Before joining Arts for Life, she spent most of her time isolated at home, unable to attend college and struggling to connect with others her age. Her adoptive parent shared that Emma had no friends and found social situations overwhelmingly difficult.

Since attending weekly sessions, Emma has slowly begun to come out of her shell. Through gentle encouragement, creative activities, and a consistent safe space, she began to build trust, not only with our team but with her peers. Over time, she developed a meaningful connection with another young person in the group.

For the first time in years, Emma recently went out at the weekend with a friend from her group, an incredible milestone for her. Her confidence is growing, and she now looks forward to her sessions with excitement and ease. Her parent described Arts for Life as “the only place she’s ever truly felt accepted”.

*Name changed for anonymity

Appendix: The WISH Centre

WISH prevents self harm, abuse and exploitation of young people.

20,000
Grant awarded (£)

37
CYP supported, ages 16-25yrs

12
Referral directly through NHS services

10
Self/parent/carer referrals

8
Referrals from other sources

Grant impact summary

The WISH Centre's weekly art therapy group had a significant positive impact on young adults aged 16–25 experiencing self-harm and complex emotional needs. Participants reported reduced self-harm and suicidal ideation, increased confidence, and improved emotional expression. The group offered a safe, creative space where young people could explore difficult feelings, connect with peers, and feel less isolated.

The funding continued to make a meaningful difference in young people's lives. In Year 3, WISH provided improved access to early intervention: 30 young adults (exceeding the target of 24) received tailored support, with an average of 10 sessions each, enhancing early access to emotional and mental health care.

- Addressing inequalities & unmet need: intensive outreach enabled the team to identify and engage young people with complex needs, including trauma and neurodiversity.
- Enhanced quality of mental health provision: 24 young people (compared to the planned 18) accessed individual and group therapy, improving the quality and continuity of care.
- Support engagement & navigation: 22 participants were supported in navigating services and pathways, with most showing increased confidence and stronger peer connections.

The structure fostered trust and mutual support, with activities like painting, clay work, and nature-based art helping participants access and process trauma. The group also helped identify risks early and provided timely referrals to crisis and mental health services when needed. For example, weekly group check-ins were used to assess risk, and when a participant disclosed a suicide attempt during a session, an immediate referral was made to CMHT and adult safeguarding. The programme offered an essential bridge between statutory and community care, creating a supportive pathway for young people often missed by mainstream services.

Building partnerships

The project bridged the gap between CAMHS and adult services, particularly for NEET young adults, offering choice and agency in how they engaged. Most sessions were held in-person at the centre, helping rebuild connection post-Covid. They also strengthened partnerships with Young Adult teams and wider health services.

Appendix: The WISH Centre

Achieved outcomes

In addition to the set outcomes achieved in the grant impact summary above, the programme successfully met and, in many cases, exceeded its planned outcomes:

1. Reduced or stopped self harm: 60% of participants felt it was better than when they started, and 40% felt that self harm had improved a lot (significantly).
2. Reduced suicide ideation: there was an 80% improvement in this area with 60% of participants reporting "feeling better" and 20% felt their suicidal thoughts had improved significantly.
3. Improved emotional wellbeing: up to 80% reported feeling better or significantly improved in key well-being areas across anxiety, depression, self-esteem, and coping.

Feedback from beneficiaries

All participants who attended the Arts therapy group found it helpful and as a result of the support felt more heard and understood. Participants felt they got in-touch with their feelings through the process of making art and were also better able to express their feelings through art. Around 80% of group members said that making art has become an outlet for them and 80% also stated that they have gained a better understanding of themselves through making art.

The following quotes from participants offer insight into their thoughts and experiences:

Participant 1: *"I found it very helpful in finding better and less harmful outlets for pain."*
Age: 19 | Identity: Trans (M–F), White British
Started the programme as NEET and now has secured an apprenticeship, volunteered locally, and moved to the South Coast to begin a new chapter.

Participant 2: *"I found the group sessions unlike something I have ever done before and enjoyed them."*
Age: 19 | Identity: Female, British Asian (Pakistani)
Started the programme on her gap year (working part-time) and has since secured a place at university to study Medicine.

Participant 3: *"Really helpful outlet to get away from life and to just get in touch with emotions and to focus on something different... I really liked meeting others going through similar things – made me feel not alone. And also quite fun to do art."*
Age: 22 | Identity: Female, British Asian (Indian)
Started the programme on her gap year, (working part-time) and now preparing to start a Master's programme in October/January.

Participant 4: *"It's a nice, calming and friendly environment... Overall the Art Therapy group has been a safe space for me and helped me get in touch with my feelings."*
Age: 22 | Identity: Male, White British and Irish
Started the programme whilst in his final-year university and has since completed university and is seeking full-time employment.

Acknowledgment

On behalf of all delivery organisations, we would like to express our gratitude to Central and North West London NHS Foundation Trust and Harrow Council for their generous support to fund the three-year Harrow Young Adult Mental Health Partnership for young people aged 16-25.

Thank you again for being at the heart of this funding and providing better, sustainable, high quality support services for children and young people in Harrow.

Delivery organisations funded through this partnership 2022-25*:

Arts for Life Project
Freedom Through Expression

Harrow Carers
Support, Training & Advice

Coffee Afrik CIC
Sustainable social enterprise

mind in Harrow

wish centre

*Please note that not all service providers listed here were funded across all three years. Please see introduction for more information.

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