

Harrow Mental Health Support Team in Schools

Who we are...

Harrow Mental Health Support Team (MHST) is a government initiative designed to increase access and availability of mental health and wellbeing support for children and young people across schools in Harrow.

The team is made up of a number of Educational Mental Health Practitioners (EMHP) who are supervised by CAMHS Practitioner who are trained in a range of modalities including dramatherapy and psychotherapy. Each school has been assigned its own EMHP from the MHST. Your school's practitioner will provide direct, ongoing support to your school, including:

- **Interventions to pupils in secondary school with mild to moderate anxiety or low mood.**
- **Family interventions in primary school which support parents with managing behavioural difficulties or their child's fears and worries.**
- **Sign-posting and consultation for young people that need more specialist support.**
- **Providing psychoeducational workshops and training to parents, teachers and pupils to promote mental health and wellbeing.**

A Whole School Approach (WSA)

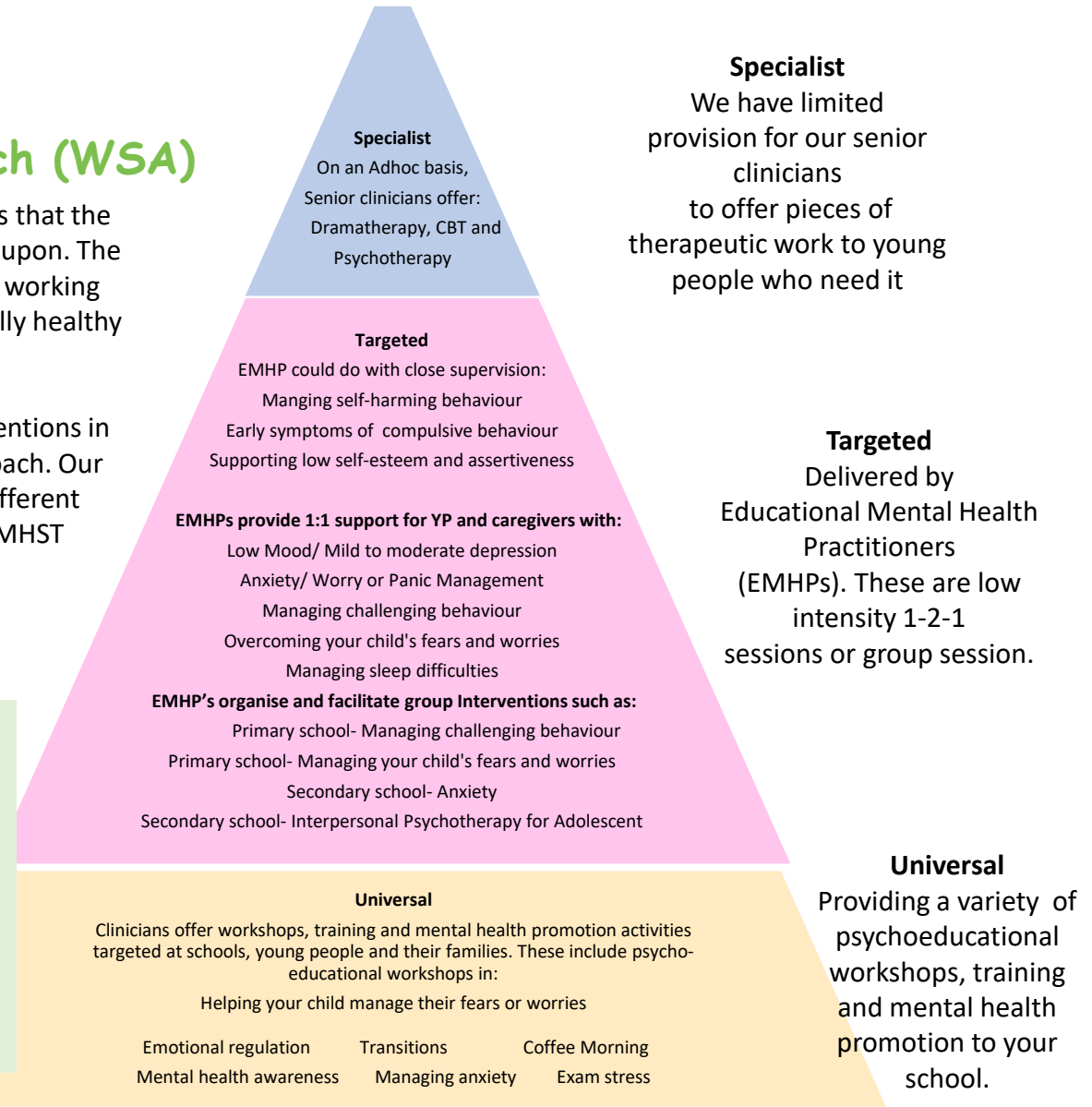
The whole school approach is an ethos that the Mental Health Support Team was built upon. The approach involves schools and MHST working together to create and sustain a mentally healthy school environment.

Harrow MHST offers a range of interventions in order to ensure a whole school approach. Our triangle model demonstrates the different levels of interventions offered by MHST within schools.

Harrow MHST only accept referrals from schools that are accessing support from the service. Please turn over to see if your school is registered with MHST.

To register interest with MHST service please email

cnwl.adminharrowmhstcamhs@nhs.net to request to be put on the waiting list.



Primary Schools

Alexandra School
Belmont Primary School
Cedars Manor Primary School
Elmgrove Primary School
Glebe Primary School
Grange Primary School
Kenmore Park Infant and Nursery School
Kenmore Park Junior School
Longfield Primary School
Newton Farm Nursery, Infant and Junior School
Norbury School
Pinner Park Primary School
Pinner Wood Primary School
St George's Primary School
St John's CofE School
Stanburn Primary School
West Lodge
Whitchurch Primary School and Nursery
Roxeth Primary School

Secondary Schools

Avanti House Secondary School
Bentley Wood High School for Girls
Canons High School
Harrow College
Harrow High School
Hatch End High School
Nower Hill High School
Park High School
Pinner High School
Rooks Heath School
Salvatorian Roman Catholic College
Shaftesbury High School
Stanmore College
Whitmore High School

If you wish to become an MHST school,
email: cnwl.adminharrowmhstcamhs@nhs.net
to request to be put on the waiting list